



## BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920  
(908) 204-2520. Fax (908) 204-3075. [www.bernardshealth.org](http://www.bernardshealth.org)

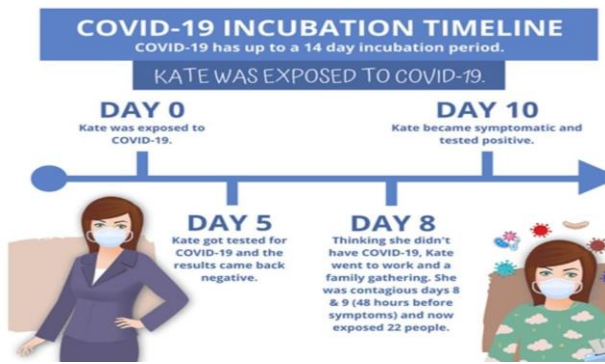
Contact: Lucy Forgione, Health Officer/Health Director  
[health@bernards.org](mailto:health@bernards.org)

## 2019 Novel Coronavirus (COVID-2019) Weekly Update #52 – November 25, 2020

### COVID-19 Case Graphs

Last week the Health Department released case graphs for each of the municipalities we serve. These numbers come directly as raw data from Commcare, the system used to track and investigate COVID-19 cases. These numbers may not match with other dashboards or resources as these cases have yet to be investigated. There may be fluctuations in numbers week to week.

### Here is an example of how the incubation and exposure timeline works:



### Flu Shots – December 9<sup>th</sup>

Seasonal flu shots for age 4 through adult. No appointment needed. Consult your doctor before receiving the flu shot.

All shots are **Quadrivalent Vaccine**.

- **WHEN:** Wednesday, December 9<sup>th</sup> 3:30 – 5:30 pm
- **WHERE:** Bernards Township Community Center  
289 South Maple Ave, Basking Ridge, NJ
- **COST:** Residents \$25, Non-Residents \$35
- No charge with valid Medicare Part B card.
- Please wear a mask or face covering to the clinic.
- [View the flyer here.](#)



### [CDC Guidance for College and University Students](#) [Traveling Home for Winter Break](#)

### How Can I Safely Host Thanksgiving or Other Holidays?

Given the surge in COVID-19 cases, people should only celebrate holidays with members of their household. Indoor gatherings are a particularly common place for COVID-19 to spread.

- Keep holiday plans as small as possible. Less people = less loved ones at risk.
- Limit the number of attendees to allow for social distancing.
- Plan ahead and ask guests to avoid contact with people outside of their households for 14 days prior.
- Require guests to wear masks when not eating both outdoors and indoors.
- Host outdoor activities rather than indoor activities as much as possible.
- Increase ventilation by opening windows and doors.
- Provide attendees with supplies to stay health – extra masks, hand sanitizer, hand soap, tissues, and single use towels.
- Remind guests to stay home if they have been exposed to the virus recently.

Visit [COVID19.NJ.GOV](https://www.nj.gov/COVID19) to learn more about hosting Thanksgiving and other upcoming holidays safely!

### COVID FAQ Corner

**Q: My child was exposed to a positive COVID-19 case at sports practice. The coach said if my child is tested after a week and is negative they can come back to practice. Is that true?**

**A: No.** If your child was exposed to a positive COVID-19 they must quarantine at home for 14 days. They should not return to sports or any other activities until then.

**Q: What happens if there's a confirmed or potential exposure at an indoor eating establishment?**

**A: In the event of a presumptive or positive COVID-19 case of a worker, patron or vendor the restaurant must be shut down immediately for 24 hours and then it must be cleaned and disinfected before reopening.**

**Note: There have been many questions about new case numbers, hospitalizations and discharges. This information can be found on the [New Jersey COVID-19 Dashboard](#)**

Updated 11/25/2020

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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## 2019 Novel Coronavirus (COVID-2019) Resources and Links

**COVID-19 Case Graphs per Municipality** – Case counts come directly from raw data imported from Commcare by the Bernards Township Health Department.

### Somerset County

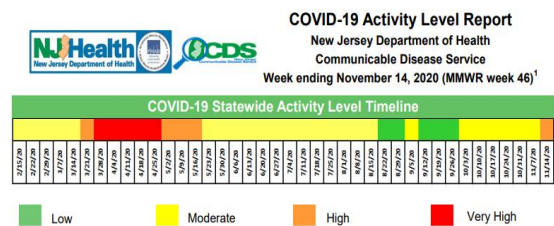
- [Bernards Township](#)
- [Bernardsville Borough](#)
- [Peapack and Gladstone Boroughs](#)

### Morris County

- [Chester Borough](#)
- [Long Hill Township](#)
- [Mendham Borough](#)

### COVID-19 Weekly Activity Reports

- Provides data on COVID-19 transmission by six regions in NJ.
- Updated every Thursday.
- Used to determine school exclusion and other re-openings.
- This week NJ is in **HIGH RISK**
- Click [here](#) to view this week's report ending Nov 19, 2020.



### New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available [here](#). Now including trends, hospital census, long term care facilities, psychiatric hospitals, demographics, contact tracing and school info. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available [here](#).
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
  - 2-1-1 for General COVID-19 questions (7am-11 pm)
  - 1-800-962-1253 for Clinical Questions (24/7)
  - Text NJCOVID to 898-211 to receive alerts
  - Text your zip code to 898-211 for live text assistance

### Testing Updates – As of 11/25/20:

- **NJ Testing Sites** – [click here](#) for the most up to date information including new locations and testing criteria. The FEMA Testing Sites at Bergen County Community College and PNC Arts Center have closed.
  - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College, 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only. **Next testing on Wednesday, December 2<sup>nd</sup>**. Subject to change. Check status of test site at <http://www.co.somerset.nj.us/covid19status>. Residents of Somerset County ONLY can make an appointment at <https://somerset-hunterdon.adlabscovidtest.com/>.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. If you are feeling unwell, call ahead to your healthcare provider. **DO NOT** just show up to an office, urgent care or ER.
- For more information on testing - [visit the CDC website on testing](#).

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