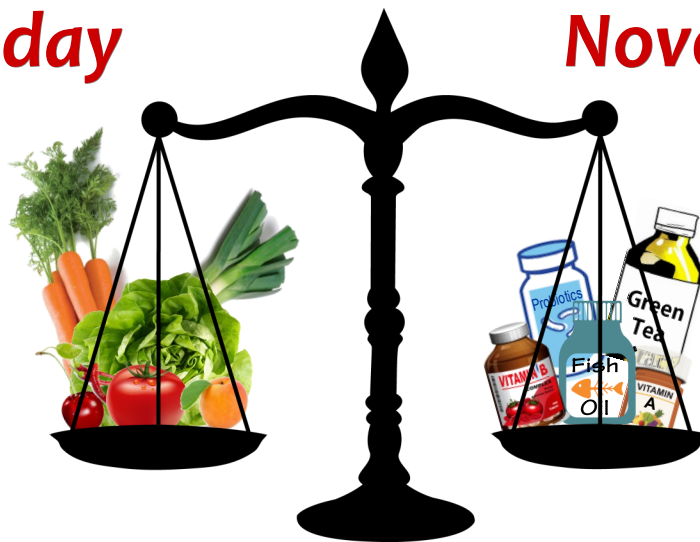


# Nutrition & Supplements Finding the Right Balance

**Tuesday**

**November 13**

**7:00 p.m.**



**Chester  
Library**

**250 West Main St., Chester NJ 07930**



**FREE– Registration Required**

**Register on Event Calendar at:**

**[www.chesterlib.org](http://www.chesterlib.org) OR [www.livingplate.org](http://www.livingplate.org)**

**In Conjunction with:**



***Promoting Public Health***

**Bernards Township **Health** Department**

**262 S. Finley Ave., Basking Ridge, NJ 07920 ▪ [www.bernardshealth.org](http://www.bernardshealth.org) ▪ P. 908-204-2520**