



# Senior Citizen Resources

Wednesday, January 11, 2017

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
280	A.A.R.P. Somerset Hills Chapter #5275	908-766-3075		First Presbyterian	Bernardsville	NJ	07924			Meetings 2nd Friday of month at Pres Chch
402	Adult Day Center of Somerset	908-725-0068		872 East Main Street	Bridgewater	NJ	08807		<a href="http://www.adultdaycenter.org/">http://www.adultdaycenter.org/</a>	Daily care for senior citizens with supervised services and activities.
282	Adult Day Center of the VNA of Somerset Hills	908-766-0180 ext. 260							<a href="http://www.visitingnurse.org">www.visitingnurse.org</a>	Free tours M-F 10 am
5	Adult Protective Services - Morris County	973-326-7282		PO Box 900	Morristown	NJ	07960			
6	Adult Protective Services - Somerset County	908-526-8800	800-287-3607 (after hours)	73 East High At.	Somerville	NJ	08875-1144		<a href="http://www.socialservices.co.somerset.nj.us/aps.htm">http://www.socialservices.co.somerset.nj.us/aps.htm</a>	Investigations of abuse to people 18 years of age and older
7	Adult Protective Services of New Jersey	800-792-9745							<a href="http://www.state.nj.us/humanservices/doas/services/aps/">http://www.state.nj.us/humanservices/doas/services/aps/</a>	
311	Always Best Care and Senior Services	908-484-1600	908-963-4996	233 Mt Airy Rd., 1st Floor	Basking Ridge	NJ	07920	Yes	<a href="http://www.alwaysbestcare.com/usa/nj/somerset-and-hunterdon/baskingridge">http://www.alwaysbestcare.com/usa/nj/somerset-and-hunterdon/baskingridge</a>	Service to help choose Assisted Living arrangements or home healthcare.
12	Alzheimer's Association Helpline	800-272-3900							<a href="http://www.alz.org">www.alz.org</a>	
258	Assisting Seniors at Home	973-646-7484		142 Route 23 North (second	Pompton Plains	NJ	07444	Yes	<a href="http://www.AssistingSeniorsAtHome.com">www.AssistingSeniorsAtHome.com</a>	Loving in-home care and assistance for your family.
297	CarePatrol	908-377-7702	908-367-9055	PO Box 501	Springfield	NJ	07081	Yes	<a href="http://www.carepatrol.com">www.carepatrol.com</a>	Jim Tretola, Senior Care Consultant
42	Comfort Keepers (Bridgewater and Morristown)	908-864-8044							<a href="mailto:morris-somerset@comfortkeepers.com">morris-somerset@comfortkeepers.com</a>	"Making Every Moment of Life Matter: Twenty Questions to Ask Before Hiring a Home Care Agency"

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371	Compassionate Care Hospice	908-526-2600		9 Lamington Rd. Suite A	Branchburg	NJ	08876	Yes	<a href="http://www.cchnet.net">www.cchnet.net</a>	
398	Cooperative Housing Corporation	908-526-8130							<a href="http://www.chchousing.org/">http://www.chchousing.org/</a>	Senior housing in multi-bedroom purpose built single family homes in Bridgewater and Warren. Some supportive living units also.
51	Eldercare Locator		800-677-1116.						<a href="http://www.eldercare.gov">www.eldercare.gov</a>	Nationwide directory assistance service designed to help locate local services and resources.
52	EldERRands: ***Elderly Errands Everyday *Not a taxi service. It is SELF PAY and expensive. \$130 charge flat fee	862-266-0458	973-634-0208							
295	Fellowship Helping Hands	908-580-3849	908-672-4499	8000 Fellowship Rd	Basking Ridge	NJ	07920		<a href="http://www.fellowshipseniorliving.org">www.fellowshipseniorliving.org</a>	Elizabeth Fandel
296	Fellowship Senior Living	908-580-3806		8000 Fellowship Rd	Basking Ridge	NJ	07920		<a href="http://www.fellowshipseniorliving.org">www.fellowshipseniorliving.org</a>	Phyllis Tranotti ©908-432-0975 VP of Philantropy;
61	Freedom Eldercare (Home Healthcare)	866-737-3336								
215	Home Instead Senior Care	732-271-5150		100 Davidson Ave. Ste 105	Somerset	NJ	08873	Yes	<a href="http://homeinstead.com/somersetcounty-nj">homeinstead.com/somersetcounty-nj</a>	A personalized experience for those with Alzheimer's or other dementias.
81	Medicare - Part B	800-772-1213							<a href="http://www.socialsecurity.gov/medicareonly/">http://www.socialsecurity.gov/medicareonly/</a>	
253	Medicare (processing)								<a href="http://www.cms.hhs.gov">http://www.cms.hhs.gov</a>	
82	Medicare.gov	800-633-4227							<a href="http://www.medicare.gov/">http://www.medicare.gov/</a>	

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254	Morris County Office on Aging	800-564-4656		340 West Hanover Avenue PO Box	Morristown	NJ	07060		<a href="http://www.morrishumanservices.org/aging.asp">http://www.morrishumanservices.org/aging.asp</a>	
255	Morris County Senior Citizen Nutrition Program								<a href="http://www.morrishumanservices.org/adv/nutrition/sites.asp">http://www.morrishumanservices.org/adv/nutrition/sites.asp</a>	List of Senior Nutrition sites where meals are served.
304	My Girls Home Care	201-317-8290	973-903-4281						<a href="http://www.mygirlshomecare.com">www.mygirlshomecare.com</a>	Morris, Sussex, Warren Cty; Daily needs care
88	National Alliance for Caregiving								<a href="http://www.caregiving.org">www.caregiving.org</a>	
194	National Council of Certified Dementia Practitioners	877-729-5191		103 Valley View Trail	Sparta	NJ	07871		<a href="http://www.nccdp.org">www.nccdp.org</a>	Train the Trainer programs; Travel guidelines for ppl with dementia
91	National Council on Aging								<a href="http://www.ncoa.org">www.ncoa.org</a>	
94	National Family Caregivers Association								<a href="http://www.nfcacares.org">www.nfcacares.org</a>	
103	NJ Dental Association Senior Dental Program	800-792-8820								
291	NJ Find a Ride								<a href="http://www.njfindaride.org">www.njfindaride.org</a>	Online database to find transportation to and from medical and case appt
121	NJ Office of the Ombudsman for the Institutionalized Elderly	877-582-6995								
122	NJ Pharmaceutical Aid for Aged and Disability OR Senior Gold (PAAD)	800-792-9745							<a href="http://www.state.nj.us/humanservices/doas/home/pbp.html">http://www.state.nj.us/humanservices/doas/home/pbp.html</a>	
126	NJ State Health Insurance Assistance Program (SHIP)	908-704-6319	888-747-1122	92 E. Main St.	Somerville	NJ	08876			Free, confidential, unbiased help with Medicare questions So Cty Office on Aging

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127	NJDOH Senior Information & Referral Service	800-792-8820								
128	NJDOH: Div of Health Facilities Evaluation and Licensing Complaint Hotline	800-792-9770								
133	Pharmaceutical Assistance to the Aged and Disabled NJ Dept of Human Services (PAAD)	800-792-9745								
267	Reaching Out: Non-Medical Assistance for Seniors	908-722-2433		481 Steele Gap Road	Bridgewater	NJ	08807	Yes	<a href="http://www.EQarchitecture.com">www.EQarchitecture.com</a>	Tranportation, chores, shopping, housekpg, insurance, disability renovations
227	RideConnect	908-704-1011		360 Grove St.	Bridgewater	NJ	08807	Yes	<a href="http://www.ridewise.org">www.ridewise.org</a>	Door-to-Door transportation for Seniors and Disabled. Minimal cost. Part of Ridewise.
186	Ridewise of Raritan Valley	908-704-1011	908-812-9645	360 Grove St.	Bridgewater	NJ	08807	Yes	<a href="http://ridewise.org">http://ridewise.org</a>	Includes info on biking, walking, buses, rail, Includes info on biking, walking, rail, Will go 5 miles outside of county ridesharing AND Senior Ridewise
338	Senior Health Insurance Assistance Program (S.H.I.P.)	908-704-6319	888-747-1122	27 Warren St.	Somerville	NJ	08876	Yes		Somerset Cty Office on Aging: Free, confidential, inbiased help with Medicare

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150	Seniors Blue Book: Morris & Somerset Counties	973-560-0064							<a href="http://www.seniorsbluebook.com">www.seniorsbluebook.com</a>	Resources for senior citizens: Adult day services, aquatic, care management, hospice, elder abuse, moving, food, housing, Medicare/Medicaid help, rehab, equipment, senior centers, etc.
251	Seniors Blue Book: Morris & Somerset Counties	973-560-0064							<a href="http://www.seniorsbluebook.com">www.seniorsbluebook.com</a>	
293	SherCare	908-247-9926								Sherry Collins Zabel (Bonded and Insured)
369	SHIP: National Technical Assistance Program	800-792-8820 (in-state only)	877-222-3737 (out of state)						<a href="http://www.state.nj.us/humanservices/doas/services/ship/index.html">http://www.state.nj.us/humanservices/doas/services/ship/index.html</a>	Help Understanding Medicare and Medicaid benefits. Nat'l site: <a href="https://www.shiptacenter.org/">https://www.shiptacenter.org/</a>
359	Somerset County Office on Aging and Disability Services	908-704-6346	908-704-6319	27 Warren Street, P.O. Box 3000	Somerville	NJ	08876- 1262	Yes	<a href="http://www.co.somerset.nj.us/government/human-services/aging-disability-services">http://www.co.somerset.nj.us/government/human-services/aging-disability-services</a>	Operates Senior Centers, pharmaceutical and hearing aid assistance, coordinates in-home care, housing, shopping, etc for seniors. Help with understanding Medicare, Long-term care support services, health promotion and education.
159	Somerset County Office on Aging Easy Access Single Entry System (EASE)	888-747-1122	908-704-6346						<a href="mailto:officeonaging@co.somerset.nj.us">officeonaging@co.somerset.nj.us</a>	
257	Somerset County Senior Wellness Center - Bernards	908-204-3435	908-704-6343	202 Mount Airy Road	Basking Ridge	NJ	07920			

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164	St. Clare's Health System: Friend's for Life Health Living Program	973-989-3422							<a href="http://www.saintclares.org/friends-for-life">http://www.saintclares.org/friends-for-life</a>	
281	Swim, Inc.	908-230-3581	908-766-6085					Contact:	<a href="http://www.swim-inc.org">www.swim-inc.org</a>	Aquatic Exercise for mobility disabilities
172	The Sandwich Generation								<a href="http://www.thesandwichgeneration.com">www.thesandwichgeneration.com</a>	

51