



*20 % of Youth ages 13 – 18 live with a mental health condition
10.2 million adults have co-occurring mental health and addiction disorders
50% of women who live with a mental illness have experienced a form of trauma
1 in 5 adults in America experience a mental illness*

Join us to learn more about mental health and other community resources in our area.

Thursday, March 22nd

6:00 PM—8:00PM

Bernards Township Library

Program Rooms A&B

32 South Maple Avenue

Basking Ridge, NJ 07920

For more information, call:

(908) 204-2523

or visit:

www.bernardsalliance.org

