

Not Just for Likes

*A Presentation on the Effects of
Social Media Use on Mental Health*

Thursday, April 30th ~ 6 - 8pm

Bernards Township Municipal Building
1 Collyer Lane, Basking Ridge, NJ 07920

Introductions and descriptions
of popular social media apps
like Snapchat, Tik Tok, and
Instagram.

Group discussions about
social media and challenges
parents and students face.

Ways to cope with “social
media overload” and
resources for parents.

Presenter: Olamide Margarucci, MS/MFT
Crisis Intervention Specialist at Family Crisis Intervention Unit

**For more information and to register
call (908) 204 - 2523 or
visit www.bernardsalliance.org**

