



5K Race
Pleasant Valley Park
3405 Valley Road
Basking Ridge, N.J.
07920

Bernards Township
Municipal Alliance
Against Substance
Abuse

www.bernardsalliance.org
908-204-2520

Bernards Township
Municipal Alliance
262 S. Finley Avenue
Basking Ridge, NJ
07920

www.bernardsalliance.org
Phone: 908-204-2520
Fax: 908-204-3075
E-mail:
kcartoccio@bernards.org



Registration: Complete one of the following:

⇒ **Complete form on back.** Mail to: Twilight Challenge 5K at:
262 South Finley Avenue, Basking Ridge, NJ 07920
⇒ Make check payable to: Bernards Township Municipal Alliance

⇒ **Download form at :** www.bernardsalliance.org

⇒ **Register online at :** <https://runsignup.com/Race/NJ/BaskingRidge/Twichal>.

31st Annual Pleasant Valley Twilight Challenge 5K Run



Location: Pleasant Valley Park, located at 3405 Valley Road in Basking Ridge, NJ. Race begins in Parking Lot 2. Park in Parking Lot 1 or 3 on Race Day.

4:00 pm—5:30 pm:

- Pre-registered runners packet pick up; T-Shirts & “goody bags” guaranteed for pre-registered runners
- Onsite Race Day Registration

7:00 pm:

Prizes will be awarded to:

- Top overall male and female
- Top three runners in each age group:
 - 14 and under,
 - 15 – 19
 - 10– year increments up to 80 and over
 - No duplicate awards

6:00 PM: 5K Race Starts

Two cross country loops around park. Combination of woodchip, grass, and road. Aid stations at midpoint/finish.

Fee Pre-registration: \$25
Fee on Race Day: \$30

Chip timing, half way split, finish line clock, race results and optional text message results provided by *Blue Ridge Timing*.

5:30 PM: 1 Mile Health Walk

The course is a scenic walk through picturesque Pleasant Valley Park! Take an invigorating walk and be back in time to cheer 5K racers!

Fee pre-register/on race day: \$15

6:30 PM: Lollipop Loop

For kids of all ages - a fun loop over a grassy field.

Live Music By:



**Interested in SPONSORING?
Race-related Questions?**

Contact: Kaitlin Cartoccio
kcartoccio@bernards.org
(908) 204-2523

31st ANNUAL PLEASANT VALLEY TWILIGHT CHALLENGE REGISTRATION FORM

PLEASE print! One registration form per person.

LAST : _____ FIRST : _____ Age on Race Day: _____ Date of Birth : _____

Address: _____ City: _____ State: _____ ZIP: _____

EMAIL ADDRESS: _____ Phone: _____

Please check: _____ 5K (\$25 pre-reg. / \$30 race day) _____ One mile health walk (\$15)

SHIRT SIZE: _____ (S-XL) Gender: M F

I hereby waive all liability against the Township of Bernards and their staff regarding my participation in the 31st Annual Pleasant Valley Twilight Challenge. I declare that I am physically fit to participate in this event.

SIGNATURE: _____ DATE: _____