



Promoting Public Health

Bernards Township **Health** Department

FREE RABIES CLINICS FOR DOGS & CATS

Saturday, November 13, 10 a.m. – Noon
Bernards Township Public Works Garage

Saturday, December 11, 1—2:30 p.m.
Mendham Township Brookside Firehouse

Saturday, January 8 10 a.m.—Noon
Bernards Township Public Works Garage

Call Bernards Township Animal Control
for More Information at 204-3066

Keep Your Family Safe this Holiday Season and Read Our Thanksgiving Safety Tips



Bernards Township
Municipal Alliance
Against Substance Abuse



**Neighborhood Coffees
are Coming in 2011!**

[Click here for a Q&A
and how you can get involved.](#)



Bernards Township IT Director Chris Kyriacou was the winner of the Toxic Waistlines Competition losing 44.8 lbs! That's the equivalent of the bags in this photo. Congrats, Chris!

Public Invited to “Yes, Your Teen is Crazy”



Congratulations to the Ridge High School and William Annin Middle School PTOs, which were awarded a Mini-Grant in the amount of \$500 from Building Youth. The groups will use the grant to co-sponsor a parenting presentation on **November 10 by Michael J. Bradley, Ed.D. called “Yes, Your Teen Is Crazy” at Ridge H.S. at 7-8:30 p.m.**

Using humor and practical advice, Dr. Bradley uses this information to help parents navigate the sometimes stormy waters of adolescence and emerge with the family intact. For more information, call Carol Jean Floegel at 766-6761.



Recycling in Somerset County Now Includes Plastics #1-7

Somerset County expanded its curbside recycling program to accept all plastic bottles and containers marked #1-7. This means containers from yogurt cups, baby wipes, peanut butter and margarine tubs.

Residents are encouraged to choose plastic bottles and containers that are recyclable when shopping. To increase the efficiency of plastics recycling, rinse all plastics, remove caps and crush bottles and containers to save space.

**262 SOUTH FINLEY AVE.
BASKING RIDGE, NJ 07920
908.204.2520**

To remove your name from our mailing list, please [click here](#).
Questions or comments? E-mail us at health@bernards.org or 908.204.2520.