



HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department



Click to learn more about sweet Amor!

THIS MONTH IN HEALTH MATTERS

Work With the BTHD! – Admin Assistant Job

Amor – The Adoptable Bernards Township Cat

Upcoming COVID-19 Vaccine and Testing Clinics

QPR – Suicide Prevention Training

LIKE – Virtual Documentary Screening



Local COVID-19 Info
BTHD Facebook

ARE WE ADDICTED TO SOCIAL MEDIA?

an IndieFlix ORIGINAL production

LIKE

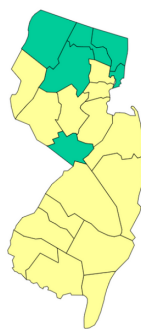
A DOCUMENTARY ABOUT THE IMPACT OF SOCIAL MEDIA ON OUR LIVES
Virtual Documentary Screening & Panel Presentation
Thursday, December 9th 7:00 pm

[Click Here to View Flyer](#)
[Click Here to Register](#)



Stay Healthy this Holiday Season with COVID-19 Vaccine Clinics and COVID-19 Testing Clinics!

1. COVID-19 Community Levels used for Most Settings



Layered prevention strategies can help limit severe disease and reduce potential strain on the healthcare system. [CDC COVID-19 Community Levels](#) are a tool to help communities and individuals determine what prevention measures to take.

The COVID-19 community level is determined by the higher of the new hospital admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the past 7 days. COVID-19 community levels are classified as low, medium, or high as follows:

COVID-19 Community Levels			
New COVID-19 Cases Per 100,000 in the past 7 days	Hospitalization Indicators	Low	Medium
New COVID-19 admissions per 100,000 population (7-day total)		<10.0	10.0-19.9
Fewer than 200	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%	10.0-14.9%
200 or more	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0
			≥10.0

The following table includes recommendations for protecting yourself, your family, and communities. Additional information can be found at: https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html#anchor_47145.

Local COVID-19 Updates
[Click here to read](#)

ABOUT US



The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Boroughs.

STAY CONNECTED

To sign up or make any changes to receiving Bernards Township updates, log in at smart911.com. For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).



Promoting Public Health
Bernards Township Health Department

WE ARE HIRING!

Part Time Administrative Associate/Alternate Deputy Registrar

- Go to www.bernards.org
- Go to "Departments" then "Human Resources"
- Click on "Employment Opportunities"
- Learn more about the "Administrative Associate-Alternate Deputy Registrar" position at the Health Department!

Come Work at the Bernards Twp Health Department
[View Job Posting Here](#)