



## **BERNARDS TOWNSHIP HEALTH DEPARTMENT**

262 South Finley Avenue, Basking Ridge, New Jersey 07920

(908) 204-2520. Fax (908) 204-3075. [www.bernardshealth.org](http://www.bernardshealth.org)

Contact: Lucy Forgione, Health Officer/Health Director

[lforigione@bernards.org](mailto:lforigione@bernards.org)

## **2019 Novel Coronavirus (2019-nCoV)** **Weekly Update #3 – February 10, 2020**

### **The Bernards Township Health Department Monitors New Coronavirus (February 10, 2020) –**

The Bernards Township Health Department continues to work in partnership with the New Jersey Department of Health, the Centers for Disease Control and Prevention (CDC), local hospitals, medical providers, and emergency medical service to respond to a new emerging coronavirus 2019-nCoV, which originated from Wuhan, China. The amount of United States cases stands at 12 cases with several still under investigation. There has been 1 US death occurring outside of the US in China. Thus far there have not been any confirmed cases in New Jersey. For current numbers, please visit <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

The 2019-nCoV is still considered to be a serious public health concern based on current information, however the immediate health risk from the 2019-nCoV to the American public is still considered low at this time. Outbreaks of novel (new) virus infections among people are always a public health concern, but regular training prepares public health staff and partners to handle emerging disease outbreaks like the 2019-nCoV.

We are currently in the middle cold and flu season, so you may experience similar symptoms to the coronavirus. Unless you have traveled to the affected areas in the world, there is little concern for exposure to 2019-nCoV. As with all respiratory illnesses, it is good practice to wash your hands often, stay away from people that appear ill, or have been ill and stay home if you are sick. For information on proper hand hygiene, please visit <https://www.cdc.gov/healthywater/hygiene/hand/handwashing.html>.

Coronaviruses are a large family of viruses. There are several known coronaviruses that infect people, and these usually only cause mild respiratory diseases, such as the common cold. However, at least two previously identified coronaviruses have caused severe disease – severe acute respiratory syndrome (SARS) and the Middle East respiratory syndrome (MERS). Symptoms of the 2019-nCoV include fever, cough, and difficulty breathing. There are currently no proven treatments or vaccines for this respiratory disease, so it is important to contact your doctor if you have traveled and are experiencing any of these symptoms. For more information on coronaviruses, please visit <https://www.cdc.gov/coronavirus/index.html> and <https://www.nj.gov/health/cd/topics/ncov.shtml>. To get 24/7 information on 2019-nCoV, call the New Jersey Department of Health Hotline at 1-800-222-1222

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>.



**BERNARDS TOWNSHIP HEALTH DEPARTMENT**  
262 South Finley Avenue, Basking Ridge, New Jersey 07920  
(908) 204-2520. Fax (908) 204-3075. [www.bernardshealth.org](http://www.bernardshealth.org)

Contact: Lucy Forgione, Health Officer/Health Director  
[lforigione@bernards.org](mailto:lforigione@bernards.org)

## **2019 Novel Coronavirus (2019-nCoV)** **Resources and Links**

- **New Jersey Department of Health 24/7 Call Center for 2019-nCoV**  
1-800-222-1222

- **World Health Organization – Novel Coronavirus 2019**



- [Novel coronavirus \(2019-nCoV\) WHO Video](#)
  - [Q&A](#)
  - [Mythbusters](#)
  - [Travel Advice](#)
  - [Advice for the Public](#)
- **Centers for Disease Control**
    - [Situation Summary](#)
    - [About 2019-nCov](#)
    - [What to do if you are sick with 2019 Novel Coronavirus \(2019 n-Cov\)](#)
    - [Confirmed Cases - Global](#)
    - [Cases in the US](#)
    - Prevention & Treatment – [English](#), [Español](#), [中文](#)
    - [2019-nCoV FAQs](#)
    - [Travel Health Alert Notice – English and Chinese](#)



## BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920

(908) 204-2520. Fax (908) 204-3075. [www.bernardshealth.org](http://www.bernardshealth.org)

Contact: Lucy Forgione, Health Officer/Health Director  
[lforigione@bernards.org](mailto:lforigione@bernards.org)



- **[New Jersey Department of Health](#)**

- [Communicable Disease Service - 2019-nCoV](#)
- [2019 Novel Coronavirus Fact Sheet](#)
- [Travel Alert](#)
- [Guidance for K-12 schools and Universities](#)
- [Guidance for Managing Employees or Students Returning from China](#)
- [Managing Employees \(Travelers\) Returning from China FAQ](#)
- [Managing Healthcare Workers \(Travelers\) Returning from China FAQ](#)
- [Managing Students \(Travelers\) Returning from China FAQ](#)
- [Managing University/College Student \(Travelers\) Returning from China FAQ](#)

- **[New Jersey Office of Emergency Management](#)**

- **[Bernards Township Health Department](#)**

- [Health Alerts](#)

Novel Coronavirus Outbreak (2019-nCoV)	新型冠状病毒的爆发 (2019-nCoV)
<b>Symptoms* of Novel Coronavirus</b>	<b>新型冠状病毒的症状*</b>
Patients with 2019-nCoV have reportedly had mild to severe respiratory illness with symptoms of:	据报道, 2019-nCoV 感染患者有轻度至重度呼吸道疾病, 症状为:
<ul style="list-style-type: none"><li>■ Fever</li><li>■ Cough</li><li>■ Shortness of breath</li></ul>	<ul style="list-style-type: none"><li>■ 发烧</li><li>■ 咳嗽</li><li>■ 呼吸困难</li></ul>
* Symptoms may appear 2-14 days after exposure. If you have been in China within the past 2 weeks and develop symptoms, call your doctor.	* 症状可能在暴露后 2-14 天后出现。如果您在过去 2 周内到过中国, 并且出现症状, 请致电您的医生。
 <a href="http://www.cdc.gov/nCoV">www.cdc.gov/nCoV</a>	 <a href="http://www.cdc.gov/nCoV">www.cdc.gov/nCoV</a>