



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920
(908) 204-2520. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director
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2019 Novel Coronavirus (COVID-2019) Weekly Update #4 – February 24, 2020

NEW COVID-2019 Updates

- As of February 11, 2020 the World Health Organization has announced the official name for the disease causing the coronavirus disease as COVID-2019.
- The amount of United States cases stands at 15 cases with several still under investigation.
- There has been 1 US death occurring outside of the US.
- There have not been any confirmed cases in New Jersey.
- For current numbers, please visit <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

COVID-2019 At a Glance:

- COVID-2019 is not currently spreading in the United States.
- The CDC recommends everyday preventative actions to help prevent the spread of respiratory viruses: Wash your hands with soap and water for at least 20 seconds, stay home when you are sick, cover your cough or sneeze with a tissue, and avoid close contact with people who are sick.
- Unless you have traveled to the affected areas in the world, there is little concern for exposure to 2019-nCoV.
- For information on proper hand hygiene, please visit <https://www.cdc.gov/healthywater/hygiene/hand/handwashing.html>.

What are Coronaviruses?

- Coronaviruses are a large family of viruses. There are several known coronaviruses that infect people, and these usually only cause mild respiratory diseases, such as the common cold.
- Two previously identified coronaviruses have caused severe disease – severe acute respiratory syndrome (SARS) and the Middle East respiratory syndrome (MERS).
- Symptoms of the 2019-nCoV include **fever, cough, and difficulty breathing**.
- There are currently no proven treatments or vaccines for this respiratory disease, so it is important to contact your doctor if you have traveled and are experiencing any of these symptoms.
- For more information on coronaviruses, please visit <https://www.cdc.gov/coronavirus/index.html> and <https://www.nj.gov/health/cd/topics/ncov.shtml>.
- To get 24/7 information on 2019-nCoV, call the New Jersey Department of Health Hotline at 1-800-222-1222.

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>.



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2019 Novel Coronavirus (COVID-2019) **Resources and Links**

This is a rapidly evolving situation, so it is recommended that all members of the public keep up to date on the most current information by regularly visiting trusted public health resources.

COVID-2019 Phone Lines

If you are a health professional or first responder in Somerset County with COVID-2019 questions call:

SCODH Coronavirus COVID-19 Health Line (908) 203-6014

Members of the public with questions about COVID call:

24-Hour Public Hotline at NJ Poison Control 1-800-222-1222

World Health Organization – Novel Coronavirus 2019

- [Novel coronavirus \(2019-nCoV\) WHO Video](#)
- [Q&A](#)
- [Mythbusters](#)
- [Travel Advice](#)
- [Advice for the Public](#)

Centers for Disease Control

- [Situation Summary](#)
- [About COVID-19](#)
- [Confirmed Cases - Global](#)
- [Cases in the US](#)
- What You Need to Know – [English](#) , [Simplified Chinese](#) , [Spanish](#)
- What To Do If You Are Sick – [English](#) , [Simplified Chinese](#) , [Spanish](#)
- [Information for Travel](#)
- Preventing COVID-2019 from Spreading to Others in Homes and Communities – [English](#) , [Simplified Chinese](#)



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New Jersey Department of Health

- [Communicable Disease Service – COVID-2019](#)
- **Travelers who arrived **BEFORE** 2/2/20 at 5pm**
 - [Guidance for K-12 schools and Universities](#)
 - [Guidance for Managing Employees or Students Returning from China](#)
 - [Managing Employees \(Travelers\) Returning from China FAQ](#)
 - [Managing Healthcare Workers \(Travelers\) Returning from China FAQ](#)
 - [Managing Students \(Travelers\) Returning from China FAQ](#)
 - [Managing University/College Student \(Travelers\) Returning from China FAQ](#)
- **Travelers arriving **AFTER** 2/2/20 at 5pm**
 - [Risk Exposure Categories](#)
 - [Monitoring Guidance for Return Travelers and/or Contacts of Confirmed COVID-2019](#)

Other Local Resources:

- [Somerset County Department of Health](#)
- [Morris County Office of Health Management](#)
- [New Jersey Office of Emergency Management](#)
- [Bernards Township Health Department](#)
 - [Health Alerts](#)

<p>Novel Coronavirus Outbreak (2019-nCoV)</p> <p>Symptoms* of Novel Coronavirus</p> <p>Patients with 2019-nCoV have reportedly had mild to severe respiratory illness with symptoms of:</p> <ul style="list-style-type: none">■ Fever■ Cough■ Shortness of breath <p>* Symptoms may appear 2-14 days after exposure. If you have been in China within the past 2 weeks and develop symptoms, call your doctor.</p> <p> www.cdc.gov/nCoV</p> <p>CS 314705-B</p>	<p>新型冠状病毒的爆发 (2019-nCoV)</p> <p>新型冠状病毒的症状*</p> <p>据报道，2019-nCoV 感染患者有轻度至重度呼吸道疾病，症状为：</p> <ul style="list-style-type: none">■ 发烧■ 咳嗽■ 呼吸困难 <p>* 症状可能在暴露后 2-14 天后出现。如果您在过去 2 周内到过中国，并且出现症状，请致电您的医生。</p> <p> www.cdc.gov/nCoV</p> <p>CS314705-D</p>
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