



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920
(908) 204-2520. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director
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2019 Novel Coronavirus (COVID-2019) **Update #13 – April 6, 2020**

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- **COVID-19 New Jersey Dashboard + Positive Test Result** available [here](#).
- **Somerset County NJ COVID-19 Status Dashboard** available [here](#).
- **Morris County NJ COVID-19 Status Dashboard** available [here](#).
- **Phone/Text Lines:**
 - 2-1-1 for General COVID-19 questions (7am – 11 pm)
 - 1-800-962-1253 for Clinical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Text your zip code to 898-211 for live text assistance

Face Covering Guidance for the Public

- **Updated 4/4/20** – The guidance on face coverings has been updated by the CDC, [please read here](#). If you plan to wear them or gloves, please read the following on proper use.

Guidance for Upcoming Religious Events

- The month of April has many holidays including Passover, Easter, Vaisahki and Ramadan.
- While under normal circumstances these would be times to congregate for religious services and family gatherings, the NJ Commissioner of Health urges NJ residents to abide by the ban on social gatherings of any kind.
- Governor's Executive Order 107 directs all residents to stay home until further notice.
- The order also prohibits the gatherings of individuals, parties, celebrations, or other social events.
- It is imperative to limit human interaction in an effort to slow the virus, despite the many social gatherings that April brings.

Celebrate While Social Distancing

- If you are a faith-based leader, reach out to your congregation and remind members that they should not be gathering for religious services or meals until the ban is lifted.
- If you typically attend services, contact your religious leader or organization and find out about online services – many groups are live streaming or offering televised services.
- Connect with others in your religious organization on Facebook or other social media sites to see what they are doing to celebrate.
- Safely go to the grocery store and pick up special food items to make your at-home celebration like your typical holiday meal.
- Look into Zoom or other types of video chat to interact with family members on holiday. In Zoom you can chat multiple people and see everyone's face. Visit <https://zoom.us/>. Celebrate a family dinner or other event together over video chat.
- Get creative while still abiding by social distancing guidelines to celebrate special times with family.

Updated 4/6/2020

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019) Resources and Links

The 2019 Novel Coronavirus (COVID-2019) is a rapidly evolving situation. Members of the public are urged to keep up to date by visiting trusted public health resources.

Testing Updates- *As of 4/6/20* –

- For the most up to date information on NJ Testing Sites [click here](#).
 - **Morris County** – Drive Through. Located at Morris County Community College. 214 Center Grove Rd, Randolph, NJ 0789. For patients with a doctor’s prescription.
 - Most doctor’s offices, urgent cares and hospitals are testing symptomatic patients. **If you are feeling unwell, call ahead to your healthcare provider. DO NOT just show up to an office, urgent care or ER.**
- For more information or testing - [visit the CDC website](#).

Bernards Township Health Department COVID-19 Resources

- [COVID-19 Guidelines for Landscapers](#)
- **Mind Your Health** – Mental Health Considerations for [General Population](#), [Teachers/Parents/Caretakers of Children, Elderly or those in Isolation](#), [Healthcare Workers](#), and [Youth](#)
- [Social Distancing](#)
- [Mental Health Resources during COVID-19](#)
- [Local Resources for Residents](#) (email health@bernards.org to add a resource)

Centers for Disease Control

- [How to Protect Yourself](#)
- [If You Think You Are Sick](#)
- [Cleaning and Disinfection Recommendations](#)
- [Frequently Asked Questions & Answers](#)
- [Situation Summary](#)
- [Stigma and Resilience](#)
- Confirmed Cases – [Global](#), [Cases in the US](#)
- What You Need to Know – [English](#) , [Simplified Chinese](#) , [Spanish](#)
- What To Do If You Are Sick – [English](#) , [Simplified Chinese](#) , [Spanish](#)
- Preventing COVID-2019 from Spreading to Others in Homes – [English](#) , [Simplified Chinese](#)

Other Resources:

- [World Health Organization \(WHO\)](#)
- [New Jersey Department of Health](#)
- [Somerset County Department of Health](#)
- [Morris County Office of Health Management](#)
- [New Jersey Office of Emergency Management](#)

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