



## BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920  
(908) 204-2520. Fax (908) 204-3075. [www.bernardshealth.org](http://www.bernardshealth.org)

Contact: Lucy Forgione, Health Officer/Health Director  
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## 2019 Novel Coronavirus (COVID-2019) Weekly Update #29 – June 2, 2020

### Mental Health Spotlight:



Project Parachute now has more than 500 volunteer therapists in 37 states, all offering pro bono therapy sessions to front-line health workers – including physicians, nurses, custodial staff, management and others.

Sign up as a volunteer therapist, search for a therapist in your state, and learn more at:

<https://project-parachute.org/>

### NJ PPE Supplier Registry

New Jersey recently launched the PPE Supplier Registry to connect suppliers of personal protective equipment (PPE) that can prevent the spread of COVID-19 with potential buyers.

Wholesale vendors with PPE inventory like surgical masks, hospital gowns, face shields, hand sanitizer or COVID-19 kits can submit details on supplies that are available. Hospitals, medical organizations and private businesses can then purchase those supplies.

To date, more than 1,000 businesses have registered on the database providing over 2,500 products. Suppliers can fill out an intake form at:

<https://forms.business.nj.gov/ppevendor/>

### COVID-19 UPDATE

**MAY 22, 2020:**

- The limit on outdoor gatherings is lifted from 10 individuals to 25 individuals
- Public and private recreational campgrounds may open, effective immediately
- Indoor gatherings remain limited to 10 people



### COVID-19 UPDATE

**EFFECTIVE JULY 6, 2020:**

New Jersey schools will be able to hold outdoor graduation ceremonies that comply with social distancing.



### COVID-19 UPDATE

**PROFESSIONAL SPORTS TEAMS IN NEW JERSEY MAY RETURN TO TRAINING AND EVEN COMPETITION - IF THEIR LEAGUES CHOOSE TO MOVE IN THAT DIRECTION**



### Moving Into Phase 2

In the next few weeks New Jersey will be moving in to what Governor Murphy refers to as “Phase 2” for businesses and retailers.

- Effective 6/15 – Outdoor dining at restaurants can begin, as well as non-essential in-person retail.
- Effective 6/22 – Salons and barbershops can open.
- Soon to come – gyms and health clubs.
- Please bear in mind that guidelines, capacity information, and social distancing protocol will be forthcoming from the New Jersey Department of Health. Stay patient, stay up to date!

### What About Saliva Testing?

On May 8, 2020, the U.S. Food and Drug Administration authorized the first diagnostic test with the option of using home-collected saliva samples for COVID-19 testing.

- The FDA issued an Emergency Use Authorization (EUA) to Rutgers Clinical Genomics Laboratory for their lab developed test.
- Right now the test is only available online at <https://www.vaulthealth.com/covid>.
- A prescription from a healthcare provider is needed.
- It costs \$150 and needs to be fully supervised by a practitioner via telemedicine to ensure proper sample collection.
- There are plans to make the saliva test more readily available to individuals in the future.

Updated 6/1/2020

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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## 2019 Novel Coronavirus (COVID-2019) Resources and Links

### New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available [here](#). Now including trends, hospital census, long term care facilities, psychiatric hospitals and demographics. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available [here](#).
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
  - 2-1-1 for General COVID-19 questions (7am-11 pm)
  - 1-800-962-1253 for Clinical Questions (24/7)
  - Text NJCOVID to 898-211 to receive alerts
  - Text your zip code to 898-211 for live text assistance

### Testing Updates – As of 6/1/20 –

- **NJ Testing Sites – [click here](#) for the most up to date information including new locations and testing criteria.**
  - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College, 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only with valid doctor's prescription. **Open June 2<sup>nd</sup> and June 4<sup>th</sup> 10 am-1pm.** Subject to change. Check status of test site at <http://www.co.somerset.nj.us/covid19status>. Residents of Somerset or Hunterdon County can make an appointment at <https://somerset-hunterdon.adlabscovidtest.com/>.
  - **Morris County** – Drive Through. Located at Morris County Community College, 214 Center Grove Road, Randolph, NJ 07869. Visit <https://health.morriscountynj.gov/COVIDTesting>.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. If you are feeling unwell, call ahead to your healthcare provider. **DO NOT** just show up to an office, urgent care or ER.
- For more information on testing - [visit the CDC website on testing](#).

### Serum Antibody Testing Facilities and Convalescent Plasma

- Individuals who have recovered from COVID-19 could help other patients with COVID-19 through serum antibody testing. Most doctors and urgent cares are testing but may be using different tests. Please call ahead to your location for more information. For more information on serum antibody testing please visit the [CDC website](#) or [NJDOH website](#).

### Bernards Township COVID-19 Resources – **Links may not be working at this time**

- [Bernards Township Senior Help Line](#)
- [COVID-19 Guidelines for Landscapers](#)
- [Mental Health Resources during COVID-19](#)
- **Mind Your Health** – Mental Health Considerations for [General Population](#), [Teachers/Parents/Caretakers of Children, Elderly or those in Isolation](#), [Healthcare Workers](#) and [Youth](#)
- [Social Distancing](#)
- [Local Resources for Residents](#) (email [health@bernards.org](mailto:health@bernards.org) to add a resource)

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