



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920
(908) 204-2520. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director
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2019 Novel Coronavirus (COVID-2019) Weekly Update #30 – June 9, 2020

Mental Health Spotlight:



The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.

Trevor Lifeline - The only 24/7 crisis intervention and suicide prevention lifeline for LGBTQ individuals available at 1-866-488-7386.

TrevorChat – A free, confidential secure instant messaging site for youth that provides live help from trained volunteer counselors, open daily.

TrevorText – A free, confidential service for young people where they can text a trained Trevor counselor for support and crisis intervention. Available daily by texting START to 678-678.

Learn more about The Trevor Project and other services offered by visiting <https://www.thetrevorproject.org/>

Stay At Home Order Lifted



As of today, 6/9 the Stay at Home Order for NJ has been lifted. For more information on what this means [click here](#)

New Requirements for Morris County Testing Site

As testing kits and resources become more readily available, requirements for testing sites may change. Please see recent changes below:

Morris County COVID-19 Testing

- Starting Mon, June 8th
 - Prescriptions are no longer required to make an appointment.
 - Residents are eligible for testing whether or not they are experiencing symptoms.
- First responders and healthcare workers who work in Morris County are eligible to obtain a test even if they are not residents.
- For all other criteria please visit: <https://health.morriscountynj.gov/coronavirus/>
- Make an appointment here: <https://booknow.appointment-plus.com/b8hq2y7k/>

What's Opening and When?: Stage 2



- June 15th – [Childcare centers](#) can reopen to all clients.
- June 22nd – [Organized sports will be allowed to resume](#). Must be held outside and no contact drills or activities are permitted.
- June 22nd – [Salons and barbershops](#) including nail salons may open.
- July 6th – [Youth camps may operate](#).

Moving Through Stage 2

As businesses start to reopen, remember they have just survived one of the hardest professional and personal challenges they have ever faced. While they are excited to reopen, the owners may still be very stressed.

Many establishments may have new requirements like wearing face coverings. They are asking that to create a safe environment for patrons.

At restaurants, tables may be spaced apart in restaurants, they may only offer outdoor dining and menus may be disposable. They are doing their best to offer a good dining experience for all.

Be kind, and support your local businesses!

Updated 6/9/2020

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019) Resources and Links

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available [here](#). Now including trends, hospital census, long term care facilities, psychiatric hospitals and demographics. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available [here](#).
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
 - 2-1-1 for General COVID-19 questions (7am-11 pm)
 - 1-800-962-1253 for Clinical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Text your zip code to 898-211 for live text assistance

Testing Updates – As of 6/9/20 –

- **NJ Testing Sites – [click here](#) for the most up to date information including new locations and testing criteria.**
 - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College, 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only with valid doctor's prescription. **Open June 11th, 18th, and 25th 10 am-1pm.** Subject to change. Check status of test site at <http://www.co.somerset.nj.us/covid19status>. Residents of Somerset or Hunterdon County can make an appointment at <https://somerset-hunterdon.adlabscovidtest.com/>.
 - **Morris County** – Drive Through. Located at Morris County Community College, 214 Center Grove Road, Randolph, NJ 07869. Visit <https://health.morriscountynj.gov/COVIDTesting>.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. If you are feeling unwell, call ahead to your healthcare provider. **DO NOT** just show up to an office, urgent care or ER.
- For more information on testing - [visit the CDC website on testing](#).

Serum Antibody Testing Facilities and Convalescent Plasma

- Individuals who have recovered from COVID-19 could help other patients with COVID-19 through serum antibody testing. Most doctors and urgent cares are testing but may be using different tests. Please call ahead to your location for more information. For more information on serum antibody testing please visit the [CDC website](#) or [NJDOH website](#).

Bernards Township COVID-19 Resources – **Links may not be working at this time**

- [Bernards Township Senior Help Line](#)
- [COVID-19 Guidelines for Landscapers](#)
- [Mental Health Resources during COVID-19](#)
- **Mind Your Health** – Mental Health Considerations for [General Population](#), [Teachers/Parents/Caretakers of Children, Elderly or those in Isolation](#), [Healthcare Workers](#) and [Youth](#)
- [Social Distancing](#)
- [Local Resources for Residents](#) (email health@bernards.org to add a resource)

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