

BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920 (908) 204-3070. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director health@bernards.org

2019 Novel Coronavirus (COVID-2019) Weekly Update #97- January 20, 2022

Bernards Township COVID-19 Testing Clinics:

The next testing clinic will be **Thursday, January 27th 9am - 4pm** at the *Bernards Township Community Center, 289 South Maple Ave, Basking Ridge, NJ*

Register for <u>1/27 here</u> - check back for future dates If you need testing sooner, check out other testing sites <u>here</u>

Accessing Test Results

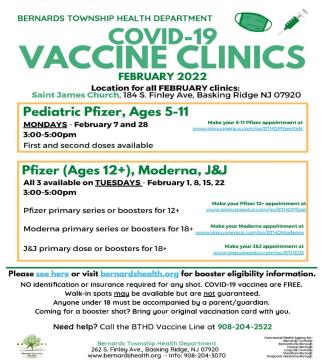
• Test results will be delivered via phone, text or email. Make sure to check your spam folder.

• Please allow 48-72 hours to process test results.

• If you do not hear back after 72 hours, please email WellCare at wellcarecovidtesting@gmail.com

February BTHD COVID-19 Vaccine Clinics

Please see our flyer for information on our BTHD COVID-19 Vaccine Clinics. Note that **Pediatric Pfizer** (5-11) clinics will continue on Mondays, while **Pfizer** (12+), **Moderna**, and J&J will all move to <u>Tuesdays</u> <u>only</u>. Click on the flyer to view full flyer. Click <u>here</u> to view Spanish flyer.



Get FREE At-Home COVID-19 Tests

Every home in the US is eligible to <u>order 4 free at-home COVID-19 tests</u>. The tests are completely free and will usually ship in 7-12 days.



These tests are rapid antigen at-home tests, NOT

PCR tests. They can be taken anywhere and results appear within 30 minutes with no lab drop off required. It works whether you have COVID-19 symptoms or not and whether or not you are up to date on your COVID-19 vaccines.

Take an at-home test if you begin having COVID-19 symptoms (fever, sore throat, runny nose, or loss of taste or smell) or at least 5 days after you come into close contact with someone with COVID-19 or if you're going to gather with a group of people, especially those who are at risk of severe illness or may not be up to date on their COVID-19 vaccines.

For more information on home testing visit COVIDtests.gov

What is a "Well-Fitted" Mask Anyway?

Masking is a critical public health tool for preventing the spread of COVID-19. Some masks and respirators offer higher levels of protection than others, and some may be harder to tolerate or wear consistently than others. It is most important to wear a well -fitted mask or respirator correctly that is most comfortable for you and provides good protection. Some respirators that have been discussed in news recently are N95 and KN95 respirators.

N95 respirators are filtering facepiece respirators <u>approved by</u> the National Institute for Occupational Safety and Health (NIOSH). N95 and other NIOSH approved respirators can be worn by the public. When worn consistently and properly they provide the highest protection from particles including the virus that causes COVID-19. They should seal tightly to your face when fitted properly and if possible should be fit-tested for best results.

K95 respirators are designed and tested to meet other international standards. About 60% of KN95 respirators evaluated by NIOSH evaluated during the COVID-19 pandemic in 2020 and 2021 <u>did not meet the quality requirements</u>. Just like N95 masks, K95s seal tightly to your face when fitted properly. However the level of particles filtered may vary. To learn more and how to buy approved respirators visit the CDC page on <u>respirators, visit ProjectN95</u>, or visit the <u>FDA page for PPE</u>.

Updated 1/20/2022

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: http://www.bernardshealth.org



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2019 Novel Coronavirus (COVID-2019) Resources and Links

<u>COVID-19 Case Graphs per Municipality</u> – Case counts come directly from raw data imported from Commcare by the Bernards Township Health Department

Somerset County - <u>Bernards Township</u> - <u>Bernardsville Borough</u> - <u>Peapack and Gladstone Boroughs</u>	Morris County - <u>Chester Borough</u> - <u>Long Hill Township</u> - <u>Mendham Borough</u>
 <u>COVID-19 Weekly Activity Reports</u> Provides data on COVID-19 transmission by six regions in NJ. Updated every Thursday. Used to determine school exclusion and other re-openings. This week NJ is overall: VERY HIGH Central West (Somerset): VERY HIGH Northwest (Morris): VERY HIGH Click here to view this week's report ending January 15, 2022. Click here to view past week's reports. 	NJ COVID-19 Vaccine Resources https://covidvaccine.nj.gov/ https://covid19.nj.gov/pages/vaccine CDC COVID-19 Vaccine FAQ Vaccine Adverse Event Reporting System Docket App V-Safe After Vaccine Health Checker COVID-19 Variant Information CDC Variant Classifications & Definitions World Health Organization VOI/VOC Monitoring NJDOH COVID-19 Variant FAQs Variant Surveillance Report Week 52

New Jersey COVID-19 Resources

- <u>https://covid19.nj.gov/</u> Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard <u>here</u>. Includes vaccination overview, hospital census, case and mortality summaries, school data, contact tracing data, long-term care information, veteran's memorial homes, state psychiatric hospitals and Cases by Municipality Data (Municipalities with populations over 20K)
- Somerset County NJ COVID-19 Status Dashboard available here. More information here.
- Morris County NJ COVID-19 Status Dashboard available <u>here</u>.
- Phone/Text Lines:
 - For COVID-19 Vaccination & Testing 1-855-568-0545 (8am-8pm)
 - For Medical COVID-19 Questions 1-800-962-1253
 - Text NJCOVID to 898-211 to receive alerts.
 - Download COVID Alert NJ app here.
- NJ COVID-19 Testing sites <u>click here</u> for the most up to date information including new locations and testing criteria.
 - Morris County <u>Click here for Morris County Testing Locations</u>.
 - Somerset County <u>Click here for Somerset County Testing Locations.</u>

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