

### **BERNARDS TOWNSHIP HEALTH DEPARTMENT**

262 South Finley Avenue, Basking Ridge, New Jersey 07920 (908) 204-3070. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director health@bernards.org

# 2019 Novel Coronavirus (COVID-2019) Update #103 - March 24, 2022

#### Bernards Township COVID-19 Testing Clinics:

Upcoming COVID-19 testing clinics:

## Thursdays 3/31, 4/7, 4/14, 4/21, 4/28

Bernards Township Community Center 289 South Maple Ave, Basking Ridge, NJ

### Register for 3/31 English flyer - Spanish flyer

- If you cannot attend your scheduled appointment, you do **not** need to cancel.
- Walk-in appointment welcomed.
- If you need testing sooner, <u>check out other testing</u> sites here.

#### **Accessing Test Results**

- Test results will be delivered via phone, text or email. Check your spam folder and missed calls.
- Please allow 48-72 hours to process test results.
- If you do not hear back after 72 hours, please email WellCare at <u>wellcarecovidtesting@gmail.com</u>

#### Upcoming BTHD COVID-19 Vaccine Clinics

See below for our upcoming vaccine clinics. All vaccine clinics will be from 3-5 pm at Saint James Church, 184 S. Finley Ave, Basking Ridge, NJ:

#### Pediatric Pfizer (5-11) - Mon, Apr 11

1st and 2nd doses available

**Pfizer (12+), Moderna and J&J - Tue Mar 29, Apr 5, 12, 19, 26** Primary series for Pfizer12+ (1st and 2nd doses) and boosters for 12+, Moderna primary series or

boosters and J&J primary dose or boosters for 18+

Visit www.bernardshealth.org to access registration. links

#### Vaccine Questions? Call the Health Department

Effective today, March 24th the BTHD Vaccine Line will no longer be in service. If you have any questions regarding COVID-19 vaccine clinics, please call the BTHD directly at **908-204-2520.** The BTHD Vaccine Line will only return if the need for vaccines increases in the future. Thank you for all your calls and questions and we look forward to continuing to provide vaccine to the community!

## Statement from Governor Murphy and Commissioner Persichilli on Global COVID-19 Case Rise

"We are closely watching the recent rise in global COVID numbers and, given both previous trends with regard to spread and our location as an international nexus for travel and trade, we do anticipate that we will eventually see an increase in the number of cases in New Jersey. We will continue to closely monitor virus activity in the state, in particular for impacts to our health care system.

However, at this time, we do not anticipate any need to reinstate universal statewide mandated protective measures. We encourage residents to stay up to date with vaccinations and boosters, get tested when exposed or sick, and monitor the state's COVID-19 Activity Level (CALI) Report and CDC COVID Community Levels for awareness of local COVID-19 activity and CDC masking recommendations. Those who are immunocompromised or otherwise at high risk are encouraged to follow the guidance of their health care provider and the CDC. We continue to be among the nation's most-vaccinated states. Our health care infrastructure remains strong.

We are not going to manage COVID to zero nor are we impervious to the virus. We expect COVID to continue to mutate and cases to continue to ebb and flow. Moving to an endemic status still means we must all take personal responsibility to protect ourselves and our loved ones.

## Reminder of COVID-19 Quarantine and Isolation Times

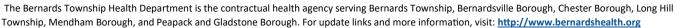
Although we have seen COVID-19 cases decrease overall in the past few weeks, it's still important to quarantine and/or isolate when symptomatic and test whenever possible.

You may have been exposed to COVID-19 if you were within close contact (within 6 feet for 15 minutes or more over 24 hours) with someone who had COVID-19, or if you participated in a high risk activity such as attending large gatherings with people who may be unvaccinated. If you feel you may have been exposed or start to experience **COVID-19 symptoms**, stay home and test. Even if you are just sick, stay home regardless

of exposure. If you test positive for COVID-19 use this <u>COVID-19 Quarantine Calculator</u> to figure out how long you should stay home. Stay well, and keep others safe!



#### Updated 3/24/2022







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# 2019 Novel Coronavirus (COVID-2019) Resources and Links

COVID-19 Case Graphs per Municipality – Case counts come directly from raw data imported from Commcare by the Bernards Township Health Department	
Somerset County - <u>Bernards Township</u>	Morris County - Chester Borough
- Bernardsville Borough	- Long Hill Township
<ul> <li>Peapack and Gladstone Boroughs</li> </ul>	- Mendham Borough
COVID-19 Weekly State Reports	COVID-19 Vaccine Resources
Provides data on COVID-19 transmission by six	<u>https://covidvaccine.nj.gov/</u>
regions in NJ:	<ul> <li><u>https://covid19.nj.gov/pages/vaccine</u></li> </ul>
- Updated every Thursday.	<u>CDC COVID-19 Vaccine FAQ</u>
- Used to determine school exclusion and other	Vaccine Adverse Event Reporting System
re-openings.	Docket App
This week NJ is overall: MODERATE	<u>V-Safe After Vaccine Health Checker</u>
Central West (Somerset): MODERATE	COVID-19 Variant Information
Northwest (Morris): MODERATE	<u>CDC Variant Classifications &amp; Definitions</u>
Click here to view this week's report ending 3/11	World Health Organization VOI/VOC Monitoring
NJ COVID-19 Variant Surveillance Report Week 9	NJDOH COVID-19 Variant FAQs
New Jersey COVID-19 Resources	
<ul> <li><u>https://covid19.nj.gov/</u> - Visit this webpage to get information on all things COVID-19 in New Jersey.</li> <li>COVID-19 New Jersey Dashboard <u>here</u>. Includes vaccination overview, hospital census, case and mortality summaries, school data, contact tracing data, long-term care information, veteran's memorial homes, state psychiatric hospitals and Cases by Municipality Data (Municipalities with populations over 20K)</li> <li>Somerset County NJ COVID-19 Status Dashboard available here. More information here.</li> </ul>	

- Somerset County NJ COVID-19 Status Dashboard available <u>here</u>. <u>More information her</u>
- Morris County NJ COVID-19 Status Dashboard available <u>here</u>.
- Phone/Text Lines:
  - For COVID-19 Vaccination & Testing 1-855-568-0545 (8am-8pm)
  - For Medical COVID-19 Questions 1-800-962-1253
  - Text NJCOVID to 898-211 to receive alerts.
  - Download COVID Alert NJ app here.
- Mental Health Resources
  - NJ Hopeline 24/7 Suicide Prevention Hotline 1-855-654-6735
  - NJ Mental Health Cares Hotline Support from stress and anxiety dealing with COVID-19 866-202-HELP(4357)
- NJ COVID-19 Testing sites <u>click here</u> for the most up to date information.
  - Morris County <u>Click here for Morris County Testing Locations</u>.
  - Somerset County <u>Click here for Somerset County Testing Locations.</u>
  - Order free PCR test kits in NJ
  - Order 4 free Rapid Antigen test kits from the US Government

Updated 3/24/2022

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <a href="http://www.bernardshealth.org">http://www.bernardshealth.org</a>