



## BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920  
(908) 204-3070. Fax (908) 204-3075. [www.bernardshealth.org](http://www.bernardshealth.org)

Contact: Lucy Forgione, Health Officer/Health Director  
[health@bernards.org](mailto:health@bernards.org)

## 2019 Novel Coronavirus (COVID-2019)

### Update #104 - April 22, 2022

#### Bernards Township COVID-19 Testing Clinics:

Upcoming COVID-19 testing clinics:

**Thursdays 4/28, 5/5, 5/12, 5/19, 5/26**

Bernards Township Community Center  
289 South Maple Ave, Basking Ridge, NJ



Register for 4/28

English flyer - Spanish flyer

- Please note the change for patients without insurance.
- If you cannot attend your scheduled appointment, you do **not** need to cancel.
- **Walk-in appointment welcomed.**
- If you need testing sooner, [check out other testing sites here.](#)

#### Accessing Test Results

- Test results will be delivered via phone, text or email. Check your spam folder and missed calls.
- Please allow 48-72 hours to process test results.
- If you do not hear back after 72 hours, please email WellCare at [wellcarecovidtesting@gmail.com](mailto:wellcarecovidtesting@gmail.com)

#### Upcoming BTHD COVID-19 Vaccine Clinics

See below for our upcoming vaccine clinics. All vaccine clinics will be from 3-5 pm at **Saint James Church, 184 S. Finley Ave, Basking Ridge, NJ:**

**Pediatric Pfizer (5-11) - Mon, May 2, 23**  
1st and 2nd doses available

**Pfizer (12+), Moderna and J&J - Tue Apr 26, May 3,10,17,24**  
Primary series for Pfizer12+ (1st and 2nd doses) and boosters for 12+, Moderna primary series or boosters and J&J primary dose or boosters for 18+

Visit [www.bernardshealth.org](http://www.bernardshealth.org) to access registration links and learn more about our clinics.

#### Local COVID-19 Cases Increase

Although COVID-19 cases have overall decreased from the recent Omicron surge, **local cases have started to rise in the towns covered by the Bernards Township Health Department** and throughout the state of New Jersey.

[Click here to view a letter](#) from Bernards Township Health Officer, Lucy Forgione. View recent [case counts by municipality here.](#)



## **THE DOCTOR IS IN:** **A COVID-19 CONVERSATION**

**Thursday, May 19**

**6:00-7:00pm**

Bernards Township Library  
32 S Maple Ave, Basking Ridge

As this program is in-person, all attendees are asked to please wear a mask. Thank you!

#### **featuring John Salaki, MD**

Current President of the Board of Health  
Retired Physician after 45 years in practice  
Former Head of Infectious Diseases at Morristown Medical Center

Email [covidvax@bernards.org](mailto:covidvax@bernards.org) or call 908-204-2520 to register.

[Click here](#) to view the whole flyer

#### **BA.2? XE? Omicron , Other Variants and Subvariant Updates**

- **BA.1** Omicron was first identified in Botswana and South Africa in Nov, although some cases have been reported earlier in the Netherlands.
- By late Dec, **BA.1** became the predominant strain in the U.S.
- Early reports from South Africa indicated that most cases were mild, and symptoms were different. Many patients had symptoms like fatigue but no loss of taste or smell.
- Compared to the previous variants, Omicron spread more easily than the original SARS-CoV-2 virus and Delta variant. At this time, **BA.2** has spread even faster than **BA.1**.
- Currently in [New Jersey](#), **BA.2** accounts for 89.6% of sampled cases. **BA.1.1** makes up 9.5% of cases, and **BA.1** (original Omicron) accounts for 0.9% of cases.
- **Subvariant XE** is a **hybrid** of **Omicron BA.1** (original Omicron) and **BA.2**. Research is being done to see if XE is more transmissible and how severe the symptoms are.
- **YES**, according to the [WHO](#), **BA.3**, **BA.4** and **BA.5** have been identified around the world.
- **What do these subvariants affect?** Vaccine efforts. Vaccines have worked to protect against symptomatic disease for BA.1 and BA.2 so it's hoped that they will protect against symptomatic disease for XE. Recovering from COVID-19. New variants and subvariants may escape monoclonal antibody therapies.

Resources: [Yale Medicine](#), [TIME—XE What To Know](#)

Updated 4/22/2022

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## 2019 Novel Coronavirus (COVID-2019)

### Resources and Links

**COVID-19 Case Graphs per Municipality** – Case counts come directly from raw data imported from Commcare by the Bernards Township Health Department

#### Somerset County

- [Bernards Township](#)
- [Bernardsville Borough](#)
- [Peapack and Gladstone Boroughs](#)

#### Morris County

- [Chester Borough](#)
- [Long Hill Township](#)
- [Mendham Borough](#)

#### COVID-19 Weekly State Reports

Provides data on COVID-19 transmission by six regions in NJ:

- Updated every Thursday.
- Used to determine school exclusion and other re-openings.

This week NJ is overall: **MODERATE**

Central West (Somerset): **MODERATE**

Northwest (Morris): **MODERATE**

Click [here](#) to view this week's report ending 4/16

[NJ COVID-19 Variant Surveillance Report Week 13](#)

#### COVID-19 Vaccine Resources

- <https://covidvaccine.nj.gov/>
- <https://covid19.nj.gov/pages/vaccine>
- [CDC COVID-19 Vaccine FAQ](#)
- [Vaccine Adverse Event Reporting System](#)
- [Docket App](#)
- [V-Safe After Vaccine Health Checker](#)

#### COVID-19 Variant Information

- [CDC Variant Classifications & Definitions](#)
- [World Health Organization VOI/VOC Monitoring](#)
- [NJDOH COVID-19 Variant FAQs](#)

#### New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard [here](#). Includes vaccination overview, hospital census, case and mortality summaries, school data, contact tracing data, long-term care information, veteran's memorial homes, state psychiatric hospitals and Cases by Municipality Data (Municipalities with populations over 20K)
- Somerset County NJ COVID-19 Status Dashboard available [here](#). [More information here.](#)
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
  - For COVID-19 Vaccination & Testing - 1-855-568-0545 (8am-8pm)
  - For Medical COVID-19 Questions - 1-800-962-1253
  - Text NJCOVID to 898-211 to receive alerts.
  - Download COVID Alert NJ app [here](#).
- **Mental Health Resources**
  - NJ Hopeline - [24/7 Suicide Prevention Hotline](#) 1-855-654-6735
  - NJ Mental Health Cares Hotline - Support from stress and anxiety dealing with COVID-19 866-202-HELP(4357)
- NJ COVID-19 Testing sites - [click here](#) for the most up to date information.
  - Morris County – [Click here for Morris County Testing Locations.](#)
  - Somerset County – [Click here for Somerset County Testing Locations.](#)
  - [Order free PCR test kits in NJ](#)
  - [Order 4 free Rapid Antigen test kits from the US Government](#)

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