

34th Annual Pleasant Valley Twilight Challenge

Help Prevent Substance Misuse
in Bernards Township

1 Mile Health Walk
5K Race
Kid's Lollipop Loop

Sunday, June 2, 2024



Program Partners:



it's **21**
FOR A
REASON



ATHLETIFREAK



Timing by:



Live Music by:



Registration: Complete one of the following:

➤ **Complete form on back.** Mail to: Twilight Challenge 5K at:

262 South Finley Avenue, Basking Ridge, NJ 07920

➤ Make check payable to: Bernards

Township Municipal Alliance

➤ **Download form at:** www.bernardsalliance.org and mail in.

➤ **Register online at:**

<https://runsignup.com/Race/NJ/BaskingRidge/TwilightChallenge>

➤ Pre-registrations will be accepted until 5/31/24, no refunds or rain dates

Scan to register!



34th Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township

Sunday, June 2, 2024



Race Fees: New Race Fees for 2024!

5K Early Bird Registration by 3/31- **\$20**

5K Pre-Registration 4/1 - 5/31 - **\$30**

Location: Pleasant Valley Park, located at 3405 Valley Road in Basking Ridge, NJ. Race begins in Parking Lot 2. Park in Parking Lot 1 or 3 on Race Day.

4:00 pm - 5:30 pm:

- **Pre-Registration Pick Up;** Race bib pick up. Race bags and t-shirts for pre-registered 5K runners/ 1 Mile Health Walkers.
- **Onsite Race Day Registration Same Day 5K Registration - \$35.** Bags and t-shirts available while supplies last.

5:30 PM: 1 Mile Health Walk

The course is a scenic walk through picturesque Pleasant Valley Park! Take an invigorating walk and be back in time to cheer 5K racers!

Fee: Pre-Register/on Race Day: \$15

5:45 PM: Pre-Race Warm Up with **Athletifreak.**

6:00 PM: 5K Race Starts

Two cross country loops around park. Combination of woodchip, grass, and road. Aid stations at midpoint/finish.

Chip timing, clocks on the course, race results and optional text message results provided and posted by **Compuscore.**

6:45 PM: Lollipop Loop

Sponsored by **Athletifreak.**

FREE - For kids of all ages - a fun loop over a grassy field.

Post-Race Cool Down and Stretch with the **Somerset Hills YMCA**

7:00 pm: Awards

Sponsored by **Athletifreak.** Prizes will be awarded to:

- Top Overall Male and Female
- Top three runners in each age group:
- 14 and under,
- 15 - 19
- 10 - year increments up to 80 and over

Interested in **SPONSORING?**

Race-related **Questions?**

Contact: Kaitlin Cartoccio
kcartoccio@bernards.org
(908) 204-2523

34th ANNUAL PLEASANT VALLEY TWILIGHT CHALLENGE REGISTRATION FORM

PLEASE print! One registration form per person.

LAST: _____ **FIRST:** _____ **Age on Race Day:** _____ **Date of Birth:** _____

Address: _____ **City:** _____ **State:** _____ **ZIP:** _____

EMAIL ADDRESS: _____ **Phone:** _____

Please check: _____ 5K (\$20 Early Bird before 4/1) _____ (\$30 Pre-Reg before 5/31) _____ (\$35 Race Day)

_____ 1 Mile Health Walk (\$15) _____ (FREE) Children's Lollipop Loop

SHIRT SIZE (5K and Health Walk only): _____ (S-2XL) Gender: M F

I hereby waive all liability against the Township of Bernards and their staff regarding my participation in the 34th Annual

Pleasant Valley Twilight Challenge. I declare that I am physically fit to participate in this event.

SIGNATURE _____