



HEALTH MATTERS



Monthly Newsletter from the Bernards Township Health Department

33 Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township | Sunday, June 4, 2023



Registration is Open!

[Register Online](#) [Paper Registration](#)

Recipe of the Month:

Watermelon Feta Salad

[Click Here](#)

The Snake Shakes



Learn more about these slithery friends [here](#)



Grilling & Food Safety

[Click Here](#)



Local COVID-19 Updates
[Click here to read](#)

THIS MONTH IN HEALTH MATTERS

Twilight Challenge 5K Registration

Recipe of the Month: Watermelon Feta Salad

The Snake Shakes

Grilling and Food Safety

Protect Yourself from Mosquitoes this Summer

FREE Radon Test Kits

Upcoming BTHD Programs

Local COVID-19 Updates

ABOUT US

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Boroughs.

STAY CONNECTED

To sign up or make any changes to receiving Bernards Township updates, log in at smart911.com. For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).

Happy 1 Year to the NEW HEALTH MATTERS!



Fight the Bite All Summer!

Learn how to protect yourself from mosquitoes [here](#)

CHECK YOUR HOME FOR RADON

FREE RADON TESTING KITS AVAILABLE NOW



FOR RESIDENTS OF CONTRACTUAL TOWNS ONLY
ONE KIT PER HOUSEHOLD WHILE SUPPLIES LAST
PICK UP AT THE HEALTH DEPARTMENT

[Click here for upcoming Health Department Programs](#)

Follow the BTHD on Facebook

Email: health@bernards.org

Website: www.bernardshealth.org